

Patient Name: _____ **Date of Birth:** _____
Address: _____ **City:** _____ **State:** _____ **Zip:** _____
Phone: _____ **Allergies:** _____

Women's Hormone Package

HRT Topical

- | | |
|---|---|
| ☐ Bi-Est (80/20) E3/E2 _____ mg/ml | ☐ Progesterone _____ mg/ml |
| ☐ Bi-Est (50/50) E3/E2 _____ mg/ml | ☐ Testosterone _____ mg/ml |
| ☐ Estradiol _____ mg/ml | ☐ _____ mg/ml |

Directions: Apply 1ml topically once daily.

Qty: ☐ #30 ☐ #90 _____ Refills

Rapid Dissolve Tablets

- | | |
|--|--|
| ☐ Bi-Est (80/20) E3/E2 _____ mg | ☐ Progesterone _____ mg |
| ☐ Bi-Est (50/50) E3/E2 _____ mg | ☐ Testosterone _____ mg |
| ☐ Estradiol _____ mg | ☐ _____ mg |

Directions: Dissolve 1 tablet ☐ SL ☐ QD

Qty: ☐ #30 ☐ #90 _____ Refills

Oral Capsules

- | | |
|--|--|
| ☐ Progesterone SR _____ mg | ☐ T3/T4 _____ / _____ mcg/mcg |
| ☐ Bi-Est (80/20) E3/E2 _____ mg | ☐ Testosterone _____ mg |
| ☐ DHEA SR _____ mg | ☐ _____ mg |
| ☐ Thyroid (porcine) _____ mg | |

Directions: Take 1 capsule by mouth daily.

Qty: ☐ #30 ☐ #90 _____ Refills

OB/GYN

Vaginal Creams

- | | |
|--|--|
| ☐ Estriol (E3) 1mg/ml | ☐ Testosterone 1mg/ml |
| ☐ Estradiol (E2) 0.1mg/ml | ☐ _____ mg |
| ☐ Estradiol/Testosterone 0.1mg/1mg/ml | |

Directions: Apply _____ ml vaginally daily

Qty _____ refills

Vulvodynia

- | | |
|---|---|
| ☐ Gabapentin 6% / Lidocaine 5% cream | ☐ Baclofen 2mg / Diazepam 5mg / Lidocaine 2% suppository |
| ☐ _____ | ☐ QHS ☐ BID Qty _____ refills |

Directions: Insert 1 suppository / 1 gm cream

Sexual Dysfunction

- | | |
|--|----------------------|
| ☐ Oxytocin 20-unit Troche | Qty 15 _____ refills |
|--|----------------------|

Directions: Dissolve 1 troche SL 30 min prior to intercourse

- | | |
|--|----------------------|
| ☐ Sildenafil 1% / Arginine 6% / Aminophylline 4% cr | Qty 15 _____ refills |
|--|----------------------|

Directions: Apply small amount to clitoral area 30 min prior to intercourse

Suppositories

- | | |
|---|---|
| ☐ Progesterone _____ 100mg _____ 200mg _____ 400mg | ☐ DHEA 6.5mg |
| ☐ Estriol 1mg | ☐ Boric Acid 600mg |
| ☐ Testosterone 1mg | |

Directions: Insert 1 suppository ☐ QHS ☐ BID Qty _____ refills

Hemorrhoids

- | | |
|---|-------------------|
| ☐ Lidocaine / Hydrocortisone 2% / 1% rectal rocket | Qty _____ refills |
|---|-------------------|

Directions: Insert 1 suppository rectally HS

- | | |
|--|------------------------|
| ☐ Nifedipine 0.4% / Lidocaine 5% ointment | Qty 30gm _____ refills |
|--|------------------------|

Directions: Apply rectally up to QID

Triple Nipple Cream

- | | |
|---|------------------------|
| ☐ Mupirocin / Betameth / Clotrimazole 1% / 0.1% / 1% | Qty 30gm _____ refills |
|---|------------------------|

Directions: Apply small amount after feeding, wipe off gently before next feeding

Scar

- | | |
|--|------------------------|
| ☐ Pracasil Plus | Qty 30gm _____ refills |
|--|------------------------|

Directions: Apply BID

Provider Name: _____ **Phone:** _____

Address: _____ **DEA:** _____

Signature: _____ **Date:** _____

Give form to patient or FAX to pharmacy (512) 548-6840

